

folds and clouds

June 2016, Tibet.

After enduring two long flights and a demanding car journey, I found myself amidst the vast grasslands of central Tibet. Here, ancient mountains rise high, their peaks catching the day's light which then spills gently onto the plains below. It's undeniably beautiful, but the harshness of the environment is palpable. The winters here can be brutally cold, dropping below -15°C , and the sun, while visually gentle, can be scorchingly intense. Yet, against this challenging backdrop, the nomads persevere, their lives intertwined with the rhythms of their cattle.



Once I adjusted to the altitude and the thin air, I met with the local nomadic communities. Their warmth was immediate and their lifestyle, intriguing. Movement, I learned, was essential to their way of life – it was how they moved over pastures adapt to rapidly changing skies. I adopted their practice of moving, which quickly became a daily routine. Long walks allowed me to immerse myself in the landscape and take note of the pathways shaped by migrating herds of sheep and yaks, and their horsemen.

During my daily excursions, I observed significant landmarks – places chosen for burials and spiritual offerings. These sites, sometimes at crossroads, added depth to my understanding of the local culture. Instances like watching sheep ascend the slopes at sunset, or horsemen returning home, were both routine and revealing of their everyday life.





The constant movement, from one location to another, provided a perspective on how change is integral to life here. It's where I found the most inspiration. Through my experiences in Tibet, I understood that the local way of life was a blend of spiritual and practical routines. And most importantly, I realized the beauty of finding profound meaning in daily tasks and rituals. There's an intertwined relationship between what's considered sacred and what's seen as ordinary, and both are equally significant.

Thanks to your support, I was able to briefly engage with the nomadic lifestyle and its nuances. From this journey, I've created a sound work that encapsulates these experiences. My intention is to return to the communities and collaboratively transform this sound work into a textile.

